

SUPPLY LIST for THE GODDESS IN THE GARDEN Workshop



Instructor: **ELIZABETH ROSENBERG**

Every woman has a lovely goddess hidden within. Bring your hidden goddess to life in a garden of your own design! You'll learn some clever fusible and satin-stitch appliqué techniques, along with a no-stress introduction to basic design principles. Get caught up in the fun of discovering your inner goddess while you create a beautiful and meaningful art quilt of YOUR own design.

FABRIC

Background: one fat quarter (bring more than one to choose from, because you might want to use a light fabric for daytime, dark for evening, etc.)

Body: your goddess can be any color. You'll need a piece of fabric at least 8" x 18".

Hair: any color you like. You'll need a piece at least 10" x 10", smaller if your goddess' hair is short, and larger if her hair is long.

Garden: you'll need scraps of at least three different greens, and various flower colors.

Hints for Selecting Fabric: Choose your favorite colors – the ones that make you feel good when you look at them. Think about your favorite flowers, your favorite decorating colors, the colors that make you feel beautiful when you wear them and/or the colors of things that make you happy. If you choose fabrics that make you smile, you'll have exactly the right fabrics for this workshop!

THREAD

The more, the better! That's my motto in life! But, seriously, you will need to have some restraint, so here's what you should bring with you:

At least **4 spools of solid or ultra twist rayon** (40, 35 or 30 wt is okay!) that will contrast or blend with the fabrics you've chosen, plus one or two variegated colored threads.

A few spools of 50 or 60 wt. cotton thread in colors that contrast or blend with your fabrics.

Optional: A couple of spools of metallic thread (Madeira & Superior are great brands)

NEEDLES

#75/90 Schmetz Embroidery Needles – these are two different sizes. You can buy an assortment pack!

#80 Schmetz Metallica Needles (optional, but you'll need them if you want to use metallic threads!)

SEWING MACHINE and MANUAL

(Remember to pack your extension table, your pedal and your plug. And, please bring extra bobbins!)

DARNING FOOT (#9 for Bernina owners)

OPEN TOE EMBROIDERY FOOT (#20 for Bernina owners)

OTHER SUPPLIES

1/2 YARD OF STABILIZER (I like "Stitch 'n Tear")

1 YARD OF WONDER-UNDER fusible web (please buy this brand!)

6 X 24 Ruler, Rotary Cutter and Cutting Mat

SCISSORS

SEAM RIPPER

PHONE BOOK TO SIT ON (and/or a pillow if you are a delicate flower)

PENCIL

PERMANENT BLACK MARKER (sharpie or pigma)